

PRAYER WORKSHOP



*“Be Still and Know
that I am God.”*



We live in a world in which we are constantly bombarded by distractions: television, radio, cell phones, pagers, iPods, computers, and constant noise. Why do we find silence so difficult? Is it any wonder why we can't hear God calling to us!

The focus of this workshop is to teach young people about the importance of personal prayer in their lives. I begin the workshop with a video on noise and a discussion about why we find silence so awkward.

Topics in the workshop include, but are not limited to:



*Contemplative
Prayer*



*Five
Forms of
Prayer*



Meditation



*Lectio
Divina*

Workshop Pricing:

Two Hours:	\$175.00
Three Hours:	\$265.00
Four Hours:	\$350.00

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